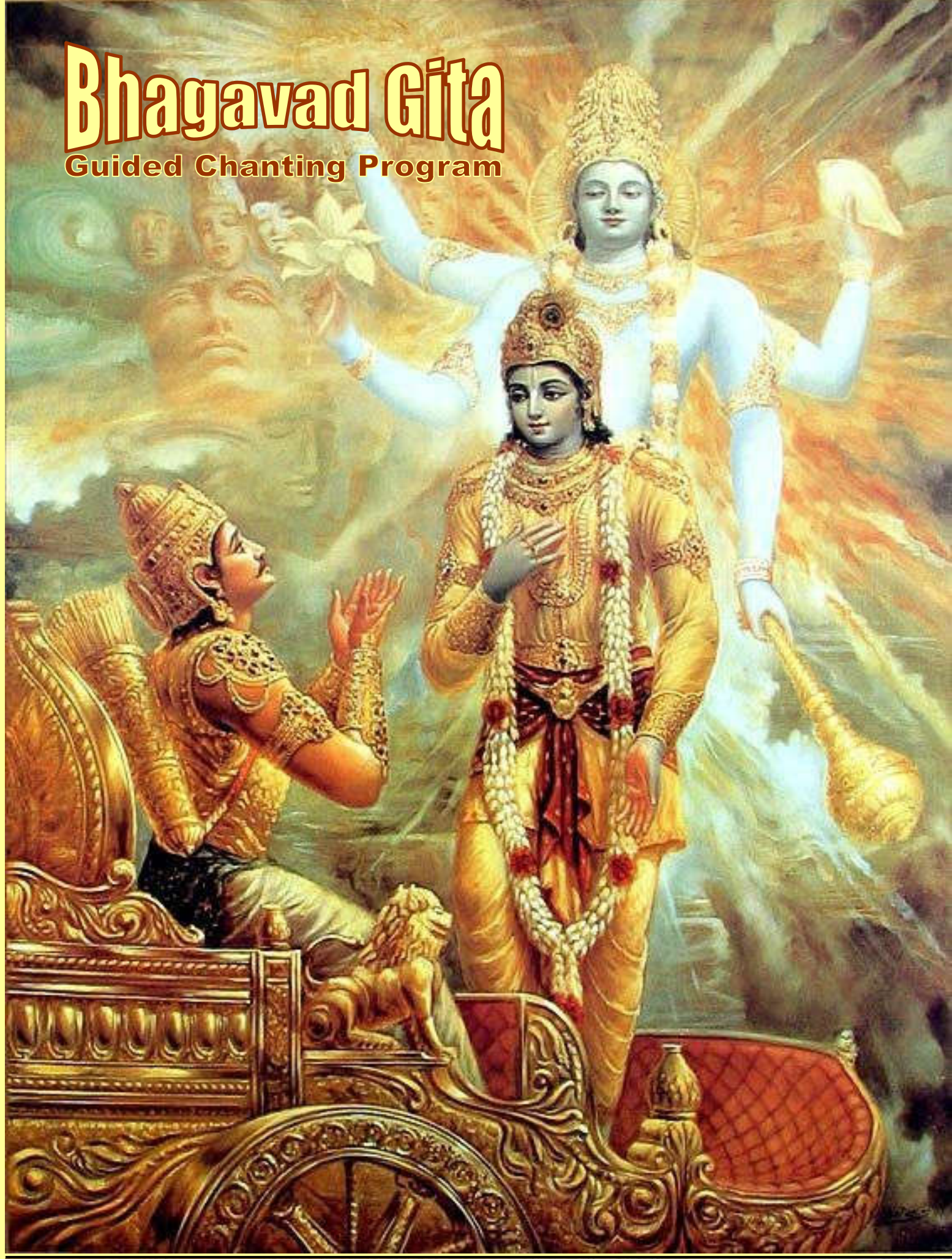


Bhagavad Gita

Guided Chanting Program



"Bhagavad Gita - Guided Chanting Program" is designed by GloMan Foundation to recite Bhagavad-Gita with right pronunciation and research the meaning of shlokas. It is developed in multiple languages and offered through the "Blended Learning" model comprising of **Saadhana**, **Shodhana** and **Vaadhana**, which help in memorising, understanding and application of Gita Vidya. This program is offered through various platforms such as Online, Classroom, Radio, TV etc.,

We wish to associate with people who are interested to become Gita Vidya Bodhakas (Voluntary Trainers) and spread this ancient wisdom for the benefit of man kind. We look forward to engage with Schools, Social organisations, Yoga centers, Temples, Community groups etc., to propagate the essence of Bhagavad-Gita around the world.



Shri. Gopi V. Prasad
Founder President
GloMan Foundation

Gita Vidya

Email: info@gitavidya.org

WhatsApp: +49 17626301020

YouTube: [GitaVidya.org](https://www.youtube.com/GitaVidya.org)

Website: www.gitavidya.org

GloMan Foundation (Trust)

8/1, 1st Cross, 2nd Main Road,
Jai Hanuman Layout, Kodigehalli,
Bangalore - 560097, KA, INDIA

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Course Contents

- Chapter 1 (Arjuna–Visada yoga)
- Chapter 2 (Sankhya yoga)
- Chapter 3 (Karma yoga)
- Chapter 4 (Gyaana–Karma-Sanyasa yoga)
- Chapter 5 (Karma–Sanyasa yoga)
- Chapter 6 (Dhyan yoga or Atmasanyam yoga)
- Chapter 7 (Gyaana–ViGyaana yoga)
- Chapter 8 (Aksara–Brahma yoga)
- Chapter 9 (Raja–Vidya–Raja–Guhya yoga)
- Chapter 10 (Vibhuti–Vistara–yoga)
- Chapter 11 (Visvarupa–Darsana yoga)
- Chapter 12 (Bhakti yoga)
- Chapter 13 (Ksetra–Ksetrajna Vibhaga yoga)
- Chapter 14 (Gunatraya–Vibhaga yoga)
- Chapter 15 (Purusottama yoga)
- Chapter 16 (Daivasura–Sampad–Vibhaga yoga)
- Chapter 17 (Sraddhatraya-Vibhaga yoga)
- Chapter 18 (Moksha–Sanyasa yoga)



About Bhagavad Gita

Ancient: Bhagavad Gita is the most ancient divine wisdom known to the world. It holds the essence of spiritual scriptures of Hindu Dharma such as the Vedas, Upanishads, Puranas, Itihasas etc. The early Indian civilization followed the Hindu Dharma.

Eternal: The beginning and end of the Hindu Dharma are beyond human understanding. It is eternal. Hindu Dharma exists before, during and after the human era. The time course of the Hindu Dharma is measured in four Yugas: Satya, Treta, Dvapara and Kali.

Modern: The principles of Bhagavad-Gita have survived the changing times. Though ancient, it aptly explains the physical, social, professional, mental, emotional, and spiritual dimensions of modern life.

About the course

Bhagavad Gita - Guided Chanting Program offers instructor led chanting of Shreemad Bhagavad Gita with correct pronunciation. The audio follows a traditional rhythm which helps in memorising the verses. The program covers all the shlokas chapter wise. It is open for all ages and works on smart phones and computer devices. We call this process "Sadhana" and call the participants as "Sadhakas". We recommend you to use a hard copy of a Bhagavad Gita while listening to the audio. The audio is available in two formats. Practice format is useful for beginner level. Chanting format is useful for advance level.

About us

GloMan Foundation (Trust) is a non profit organisation with activities in the field of education and social service for the overall wellness and development of men, women and children. This course is designed and developed by GloMan Foundation in cooperation with spiritual, academic and social institutions from India and abroad. All rights of this course are reserved. To Copy, Share, or Screen the contents of this course either in part or full, without the written permission of GloMan Foundation would be an offence.

Gita Vidya

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